



Our Lady of Lourdes Parish, Sunnybank

Calamvale, Kuraby, Macgregor, Parkinson, Robertson, Runcorn, Stretton, Sunnybank, Sunnybank Hills

† Our Lady of Lourdes Church, 121 Mains Road, Sunnybank

Parish Office (adjacent to Church, Sunnybank) **Ph: 3345 3766** **Office Hours** Monday to Thursday, 8.30 am - 4.00 pm; Friday 9.00am - 4.00pm
Post: PO Box 32, Sunnybank, QLD 4109 **Web:** www.olol.com.au **Email:** sunnybank@bne.catholic.net.au
Priests: Fr Enoch Iheme (Parish Priest) Fr Francisco Evangelista (Associate Pastor)

Monday 27th February

8.15am Morning Prayer
8.30am **Mass**

Tuesday 28th February

8.15am Morning Prayer
8.30am **Mass**
9.30am Bible Study
7.00pm Adoration

Wednesday 1st March

6:30am **Mass**
8.45am Morning Prayer
9.00am **Mass**
10:00am Rosary
6.00pm **Mass**

Thursday 2nd March

8.15am Morning Prayer
8.30am **Mass**
9.15am **Lent Retreat 1**
7.00pm **Lent Retreat 1**

Friday 3rd March

6.30am **Mass**
8:15am Morning Prayer
8.30am **Mass**
9.15am **Lent Retreat 1**
10.00am Legion of Mary
6.00pm **Stations of the Cross**
7.00pm **Lent Retreat 1**

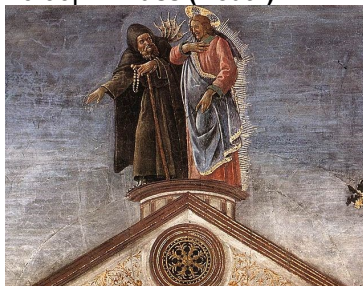
Saturday 4th March

10.00am Marian Way
of the Cross
11.00am Reconciliation
2.30pm Charismatic Prayer
(Spanish)
5.00pm Reconciliation
6.00pm **Mass**

Sunday 6th March

Second Sunday of Lent

6.30am **Mass**
8.00am **Mass**
9.15am **Mass**
10.30am **Mass**
6.00pm **Mass (Youth)**

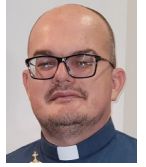


The Temptation of Christ by Sandro Botticelli, c. 1480-1482. Sistine Chapel

First Sunday of Lent - 26th February 2023

Dear Parishioners,

On Ash Wednesday we started a very special time in the Church: the Lenten season. Lent in Latin is *Quadragesima*, which refers to the **forty days that Jesus spent in the desert**. And we are invited to go with him, to a true encounter with God in preparation for Easter.



The desert in salvation history is a special place. When we are invited to go to the desert, **spiritually speaking it means leaving our daily life**, full of confusion and empty words, **to listen to the Word of God**. The desert for many is a place of dryness and solitude, but for those who have this experience, **the desert becomes the place where we encounter God profoundly and where his divine providence is manifested**.

The readings of this first Sunday of Lent show us that **the enemy always tries to prevent us from approaching God**. Even Jesus himself was tempted by Satan. We are therefore not free from these temptations, which often seduce us. **The quest for power, fame and wealth are our daily temptations**.

In order for us to have an encounter with God this Lent, the Church proposes certain attitudes that **lead us to God**. These attitudes must be practiced in **humility and simplicity**, with a **sincere heart** and **without expecting a human reward, because God, who sees everything, is the one who gives us the reward**.

The First attitude is charity. **Charity** is a virtue that helps us not to accumulate everything for ourselves. She teaches us to **share what we have, not only our material goods, but also our intellectual and spiritual goods**. But we must be careful. A charity used for self or to show off, is not true charity. As well, **we cannot use charity to give what is left over. We should always try to give the best of ourselves to others**.

The second is prayer. **Prayer helps us to get in touch with God** and at the same time with our brothers and sisters. By praying we can achieve many **miracles and graces from God, not only for ourselves but for others**. To be effective it has to be a **true and sincere prayer; constant and daily**. Our prayer should not be selfish, but come from the heart. **We must always pray for others, including our enemies**.

The third is fasting. **Fasting helps us to restrain our desires and impulses, and change our attitudes towards other people**. It also helps us to control our capacity for bodily satisfaction, so as not to devour everything on the table. Fasting helps us to **suffer for love and fills the void that is in our hearts**. We must always meet others in their needs, especially those who are hungry.

To help us on this journey, our parish will provide some special moments that will help strengthen our faith. **Please consider attending next week's Parish Mission**. Thursday Mass will be held at 8:30am, followed by the first session of the 2023 Lent Mission Retreat. More information is on the next page of the newsletter.

Brothers and sisters, following this path of charity, prayer and fasting, we will have a true encounter with God this Lent. A meeting of renewal, conversion and holiness

We welcome Fr Joseph Panampuzua who will be staying with us over the next month. Fr Jose will be providing some assistance and support to the Acacia Ridge Parish.

God Bless,

Fr Francisco Evangelista

Next Sunday: Second Sunday of Lent

Genesis 12:1-4

2 Timothy 1:8-10

Matthew 17:1-9

First Sunday of Lent (Year A)

First Reading: Genesis 2:7–9, 3:1–7 Our first reading this Sunday tells the story of the temptation in the Garden of Eden. We learn that the tempter is subtle and smooth, personified by the silken, deceptive voice of the serpent.

Second Reading: Romans 5:12–19 Our Second Reading this Sunday is a reflection by Paul on the obedience of Jesus to the Father's love: Jesus' obedience saves us once and for all and makes us right with God.

Gospel: Matthew 4:1–11 Our Gospel Reading this Sunday tells the story of the temptation of Jesus in the wilderness. In this, we hear echoes of the sojourn of the Israelites in the desert for forty years. In remaining faithful to God, Jesus further establishes himself as the Son of God.

ENCYCLICAL LETTER

LAUDATO SI'

OF THE HOLY FATHER FRANCIS ON CARE FOR OUR COMMON HOME

What is Happening to our Common Home

CHAPTER FOUR: INTEGRAL ECOLOGY

III. ECOLOGY IN DAILY LIFE

151. There is also a need to protect those common areas, visual landmarks and urban landscapes which increase our sense of belonging, of rootedness, of "feeling at home" within a city which includes us and brings us together. It is important that the different parts of a city be well integrated and that those who live there have a sense of the whole, rather than being confined to one neighbourhood and failing to see the larger city as space which they share with others. Interventions which affect the urban or rural landscape should take into account how various elements combine to form a whole which is perceived by its inhabitants as a coherent and meaningful framework for their lives. Others will then no longer be seen as strangers, but as part of a "we" which all of us are working to create. For this same reason, in both urban and rural settings, it is helpful to set aside some places which can be preserved and protected from constant changes brought by human intervention.

PRAYER OPPORTUNITIES IN LENT

Extra Friday Morning Mass

During Lent, there will be an additional **Friday morning Mass at 6:30am.**

Stations of the Cross

Stations of the Cross will be held weekly, beginning on **Friday 24 February at 6pm.**

Marian Way of the Cross

Instead of Novena, we will be having Marian Way of the Cross on **Saturday mornings from 10am.**

Lent Reconciliation

Reconciliation is held every **Saturday at 11am and 5pm.**

Easter Reconciliation

The Second Rite of Reconciliation will be held on **Monday 3 April at 7pm.**



FROM ASHES TO HOPE - LENT REFLECTION

Spend a few minutes a day calling out to God from your heart with this 2023 Lent reflection resource, now available at the piety stall.



BRISBANE SPIRITUAL DIRECTORS

Are you seeking some spiritual direction or spiritual accompaniment?

A confidential and professional service, "the purpose of spiritual direction is to help turn our wandering into journeying." (Archbishop Mark Coleridge)

For more information and a list of the directors on offer in the Archdiocese of Brisbane, visit the website at <https://brisbanecatholic.org.au/life/spiritual-direction/>

WORLD DAY OF PRAYER 2023

World Day of Prayer is a global ecumenical movement led by Christian women who welcome you to join in prayer and action for peace and justice. This year, we pray for the people of Taiwan.

When: Friday 3 March, 10am

Where: St Barnabas Anglican Church, 189 Lister St, Sunnybank

Contact: Jan on 0407 675 006

Please bring to share for morning tea.



Your Prayers Are Asked For:

recently deceased: Patricia Milburn, Gwendoline Gomes, Cynthia Motrid, Anna Nguyen, Vu Thi Khuyen, Ngiuen Van Thien, Arnold Heyres, Edna Amolat Ombao, Kevin Ezenwoke, Godofredo Fernandez, Zenon Fortozo

those with anniversaries & others who have died: Cyril Lawrence, Therese Sutton, Ruth McSweeney, Nino Abella, Arnold Canda, Elenawati Tanudiredja Wirawan, Noel Shannon, Jongwah Kim, Rosanna Collins, Lina Daddow, Carol Ann Wilson, Gladwyn Catchlove, Elsie Margaret McKey, Geoff Spring

those who are unwell: Wynne Coghlin, Cecilia Henriquez, Francisca Alfaro, Graham Thrupp, Esmeralda Berrios, Mauricio Flamenco, Ernie Catchlove, Mary Dixon



2023 SACRAMENTAL PROGRAM Our Lady of Lourdes Parish, Sunnybank

Parents with Children in Grade 3 (8 years and above by June 2023) are invited to enrol their children in the 2023 Sacramental Program.

If you have any questions regarding the Sacramental Program or would like to enrol your child, please email the parish office at: pa.sunnybank@bne.catholic.net.au

Sacrament of Penance (concluding the 2022 Program)

Enrolment Masses: 25th & 26th Feb (weekend Masses)

Formation Sessions: Sunday 5th, 12th & 19th, 1pm
(held in the OLOL School Auditorium)

Sacrament of Penance: Tuesday 21st March, 5pm &
Thursday 23rd March, 5pm

OLOL & OLOF MEN'S BBQ BREAKFAST

We invite men of all ages to come together in fellowship and enjoy a full BBQ breakfast on the first Saturday morning of each month



The next breakfast will be held on **Saturday 4 March from 7am to 9am** in the **Avocado Room** of the Paloma Centre. Bacon, sausages, eggs, tomatoes, baked beans, toast, jams, juices, tea and coffee are all available for the same cost as previous years at \$10 per person.

If you would like to attend, please contact Lindsay on 0480 494 627 or fom.sunnybank@gmail.com by Thursday 2 March 2023 for catering purposes. Please let us know if you would like to be placed on our email invitation list.

POSITION VACANT:

Maintenance Supervisor (Sunnybank Parish)

Applications are open for a **part time Maintenance Supervisor**, working 8 hours per fortnight. It will involve regular routine inspections as well as the oversight of construction, maintenance and repairs on parish facilities



The position reports to the Parish Priest and would suit a retired/semi-retired tradesman.

A position description is available from the Parish Office, email sec.sunnybank@bne.catholic.net.au

Applications close at 4.00 pm on 17 March 2023.

POSITION VACANT:

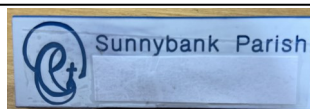
Parish Secretary (Chermside Parish)

Applications are open for the above position at the Chermside parish. It is flexible in that we could accommodate a part time or casual applicant (ideally 9am to 3pm)

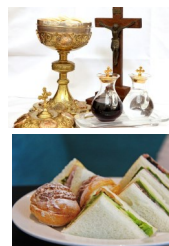
For additional information, please contact the Chermside Parish on 3359 0239 or go to brisbanecatholic.org.au/careers/?ja-job=648261 to apply.

PARISH NAME BADGES

The Parish Office will soon be ordering more name badges. If you don't have a name badge but would like one, please visit or call the Parish Office to place your **order before Wednesday 1 March**. Badges cost \$15.



DATE CHANGE: ANOINTING MASS & MORNING TEA



As the Lent Parish Mission will be on the first Friday of March, the Anointing Mass will instead be held on **Friday 10 March at 10am**. This will be followed by Morning Tea in the Avocado Room.

Hope to see you all there!

CARE FOR OUR COMMON HOME AND ITS PEOPLE

The Catholic Archdiocese of Brisbane is inviting us to Renew our relationship with Creation in Lent 2023 through Laudato Si' – Prayer, Fasting & Almsgiving. Pope Francis encourages us to see that the big environmental problems of today are integrally linked to the economic, social and political problems of our world. The poverty of some of the most vulnerable peoples in the world is deeply connected to the environmental threats they face.

So, continue to give generously during Lent to Project Compassion to support the work of Caritas Australia to address the injustices faced by many of our sisters and brothers around the world.

ARE YOU BEING CALLED TO SOMETHING MORE?

All the baptised are called to play a role in the mission of Christ to make disciples of all nations (Matt 28:19-20). You are invited to discern if you are **being called** to engage in the instituted ministries of **Lector, Acolyte & Catechist**.



For more information, go to:

evangelisationbrisbane.org.au/institutedministries/



Archdiocese of Brisbane Safeguarding Commitment

The Archdiocese has **zero tolerance** for all forms of abuse and is committed to safeguarding everyone involved in its activities, ministries and services.

The safety and wellbeing of children and adults-at-risk is paramount.





**PARISH STAFF
& CONTACTS**

Pastoral Ministry Coordinator

Noel Arceo

pa.sunnybank@bne.catholic.net.au

Local Safeguarding Representative

Pam Nair

nairs_counselling@yahoo.com.au

Secretary

Megan Carroll

sec.sunnybank@bne.catholic.net.au

Accounts

Tam Nguyen

accounts.sunnybank@bne.catholic.net.au

Caring Coordinator

Christine Smith

care.concern.sunnybank@bne.catholic.net.au

Unite Youth/Young Adults Coordinator

Zac Hare

youth.sunnybank@bne.catholic.net.au
0493 100 177

Parish Music Coordinator:

Barbara Elliott

elliottba@bne.catholic.net.au

Housekeeper:

Louise Weston

Paloma Reception Centre

3345 3766

LOL School, Sunnybank

Principal - Phil Manitta

3345 0700

LOL OSHC

Co-ordinator - Sheleen Lata

sunnybankoshc@bne.centacare.net.au
3344 3064

**St Thomas More College,
Sunnybank**

Principal - Les Conroy

3323 4600

St Vincent de Paul

1800 Vinnies

1800 846 643

Soubirous Place

Sr Bridgid

Centacare

Service Delivery Manager -

Emma Rohde

3323 2100

UNITE

Youth and Young Adult Ministry



Youth mass livestream:

Unite Sunnybank

YA Facebook group:

Unite Young Adults

Hello parishioners!

Our next **Unite Teens** gathering will be on **Friday, 3rd March at 7:00pm.**

Unlike our usual gatherings, we will be joining in the **parish mission event** on this evening, run by The Catholic Guy and his team.

We will then follow this event with **short break-out sessions and cordial/milo in the Media Room.** We will be **finished by 9pm**, and we highly encourage our current Unite Teens, and those interested in getting involved, to take this opportunity and join in with us! (this group is for those in **grades 6-12**)



This is the perfect opportunity to bring a friend along, or just yourself, and kick-off the start to the week on a high, with like-minded teens!

God bless you all,

Zac Hare | Youth Coordinator



During Lent, Christians really intentionally prepare for the celebration of Easter, and we do this in 3 ways:

1. We pray and spend time with God
2. Make room for God by fasting from things that usually fill our time or our bellies
3. We reach out through almsgiving which puts out love for others in action

It doesn't matter how old you are, Lent is a time that even our youngest disciples can embrace! So, we have just a few ways that you can engage the kids in your life in prayer, fasting and almsgiving as they make a new beginning with Jesus this Lent. These ideas are included in Evangelisation Brisbane's free Lent calendar, which can be downloaded here: <https://tinyurl.com/kidsandlent>



**FIRST SUNDAY OF LENT:
25 & 26 FEBRUARY**

After losing her father when she was just 10-years-old, Laxmi was at risk of falling further into extreme poverty. But with the support of our partner Caritas Nepal, Laxmi joined a child's club, became a leader in her school and is now a mentor to other children in her village.



Please donate to Project Compassion 2023.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow **For All Future Generations.**

You can donate through Project Compassion donation boxes and envelopes available from your parish, by calling 1800 024 413 or by visiting caritas.org.au/project-compassion.



PRAY FOR TURKEY AND SYRIA

Aid to the Church in Need (ACN) has launched an emergency appeal for the people in northern Syria desperate for help following the devastating earthquakes. ACN is begging for funds to support their long-time local project partners on the ground in Syria. To read more about what ACN is doing and to make an offering please visit: www.aidtochurch.org/syriaearthquake or scan the QR code.



Please keep the people of Turkey and Syria in your prayers.