



## Our Lady of Lourdes Parish, Sunnybank

Calamvale, Kuraby, Macgregor, Parkinson, Robertson, Runcorn, Stretton, Sunnybank, Sunnybank Hills

† Our Lady of Lourdes Church, 121 Mains Road, Sunnybank

**Parish Office** (adjacent to Church, Sunnybank) **Ph: 3345 3766** **Office Hours** Monday to Thursday, 8.30 am - 4.00 pm; Friday 9.00am - 4.00pm  
**Post:** PO Box 32, Sunnybank, QLD 4109 **Web:** www.olol.com.au **Email:** sunnybank@bne.catholic.net.au  
**Priests:** Fr Enoch Iheme (Parish Priest) Fr Francisco Evangelista (Associate Pastor) Fr Joseph Panampuzua

### Monday 6th March

8.15am Morning Prayer  
 8.30am **Mass**  
 9.15am **Lent Retreat**  
 7.00pm **Lent Retreat**

### Tuesday 7th March

8.15am Morning Prayer  
 8.30am **Mass**  
 9.15am **Lent Retreat**  
 7.00pm **Lent Retreat**

### Wednesday 8th March

6:30am **Mass**  
 8.45am Morning Prayer  
 9.00am **Mass**  
 10:00am Rosary  
 6.00pm **Mass**

### Thursday 9th March

7.50am Christian Meditation  
 8.45am Morning Prayer  
 9.00am **Mass**

### Friday 11th March

6.30am **Mass**  
 8:15am Morning Prayer  
 8.30am **Mass**  
 9.00am Adoration  
 10.00am **Anointing Mass**  
 10.00am Legion of Mary  
 6.00pm **Stations of the Cross**

### Saturday 12th March

10.00am **Marian Way of the Cross**  
 11.00am Reconciliation  
 2.30pm Charismatic Prayer (English)  
 5.00pm Reconciliation  
 6.00pm **Mass**

### Sunday 13th March

Ministry Sunday  
 Third Sunday of Lent

6.30am **Mass**  
 8.00am **Mass**  
 9.15am **Mass**  
 10.30am **Mass**  
 12.00pm Baptisms  
 6.00pm **Mass (Youth)**



The Transfiguration by Raphael, c. 1516-1520. Pinacoteca Vaticana

### Second Sunday of Lent - 5th March 2023

Dear Parishioners,

**Thanks for your prayers, encouragement and attendance to our 2023 Parish Mission Retreat.** Bruce and the Catholic Guy team are facilitating very wonderful retreat sessions. Pam Nair, Katie O’Kane, Lyn Smith, Ben and Claire Andrew as well as our Welcoming and Hospitality committee are well organised and efficient in the provision of the needed logistics. We are practically halfway through the retreat and I would like to invite you to **join the reminder sessions if you are yet to come. It is my prayer that this retreat will become for many of us a place of encounter with God**, one another and our real self. The Catholic Guy team will join our community weekend for Masses, Chats and Cuppa, please find time to say hello and thank you to them.



If you are like me in any way, the first reading from the second Sunday of Lent’s Liturgy of Word this year will sound quite literal but true. **“Leave your country, your family and your father’s house, for the land I will show you.”** What can you make of this oracle from God to Abram? **What part of the oracle is hardest for Abram as well as for you?** Reading this text in Lent and at the start of autumn sounded as if **God was encouraging or even persuading Abram to step into the autumn season** in God’s plan of making a great and new nation for himself. **There is something in the text that suggests a sense of reluctance on the part of Abram** and if you have ever given up something that is meaningful to you, **I am sure that you could relate to this sense of reluctance.**

However if you have never left your country, your family and your father’s house, this God’s call to Abram would have a different meaning for you. And so, as we journey through this Lent, **I would like to invite you to listen to what God is saying to you in your unique circumstances, not so much to God’s call to Abram, Moses, Peter, James and John; but to you.**

**Next weekend is our Parish Ministry Sunday weekend.** The mission and ministries of the church is for everyone both in terms of giving and in terms of receiving. As your parish priest, I have received more from you than I can ever give back to you and the church. **It is with this feeling of gratitude that I invite you to consider how you might be able to continue or begin to assist in our Parish ministries. Take time to pray and please listen to what the spirit is saying to you.** The **2023 Ministry Forms** will be available for you to pick up or you can scan our **Ministry QR code** to register your interest. You can commit your energy, skills and time ranging from 30 minutes up to but not more than 12 hours/week. **We have a real need for new volunteers to join us to make the work easier for everyone.**

**Thank you to those who have collected the Project Compassion envelopes and those who bought the Lenten Reflection booklet: “From Ashes to Hope”.** There are still more Project Compassion envelopes for your Lenten Charity to support the works of Caritas Australia. The Lenten Reflection booklet is a wonderful resource for your Lenten daily meditations. **Once again thank you to Bruce and the Catholic Guy team and we pray for God’s grace as you continue the mission in other parishes during this Lent.**

God Bless,

Fr Enoch Iheme

**Next Sunday: Third Sunday of Lent Exodus 17:3-7 Romans 5:1-2, 5-8 John 4:5-42**

## Second Sunday of Lent (Year A)

**First Reading: Genesis 12:1–4** Every year, on the Second Sunday of Lent, we turn to Abraham, our father in faith, to learn something more of what it means to follow the Lord's call. In this reading, Abram leaves his home, trusting in God's promise.

**Second Reading: 2 Timothy 1:8–10** In this Sunday's Second Reading, Paul urges the young bishop Timothy to model his life and ministry on what he has learnt from Paul himself: bearing hardships for the sake of the Gospel, relying always on God's grace. This is good advice for us, too, as we continue our Lenten journey.

**Gospel: Matthew 17:1–9** The Transfiguration of Jesus is concerned with his identity. Having just made the second prediction of the Passion, Matthew is keen to reassure us that for Jesus, death does not mean dishonour: the one who is to be crucified is the one who is gloriously transfigured, the one to whom we must listen.

### ENCYCLICAL LETTER

#### *LAUDATO SI'*

#### OF THE HOLY FATHER FRANCIS ON CARE FOR OUR COMMON HOME

What is Happening to our Common Home

#### CHAPTER FOUR: INTEGRAL ECOLOGY

### III. ECOLOGY IN DAILY LIFE

152. Lack of housing is a grave problem in many parts of the world, both in rural areas and in large cities, since state budgets usually cover only a small portion of the demand. Not only the poor, but many other members of society as well, find it difficult to own a home. Having a home has much to do with a sense of personal dignity and the growth of families. This is a major issue for human ecology. In some places, where makeshift shanty towns have sprung up, this will mean developing those neighbourhoods rather than razing or displacing them. When the poor live in unsanitary slums or in dangerous tenements, "in cases where it is necessary to relocate them, in order not to heap suffering upon suffering, adequate information needs to be given beforehand, with choices of decent housing offered, and the people directly involved must be part of the process". At the same time, creativity should be shown in integrating rundown neighbourhoods into a welcoming city: "How beautiful those cities which overcome paralyzing mistrust, integrate those who are different and make this very integration a new factor of development! How attractive are those cities which, even in their architectural design, are full of spaces which connect, relate and favour the recognition of others!

### PRAYER OPPORTUNITIES IN LENT

#### Extra Friday Morning Mass

During Lent, there will be an additional **Friday morning Mass at 6:30am.**

#### Stations of the Cross

Stations of the Cross will be held weekly, beginning on **Friday 24 February at 6pm.**

#### Marian Way of the Cross

Instead of Novena, we will be having Marian Way of the Cross on **Saturday mornings from 10am.**

#### Lent Reconciliation

Reconciliation is held every **Saturday at 11am and 5pm.**

#### Easter Reconciliation

The Second Rite of Reconciliation will be held on **Monday 3 April at 7pm.**

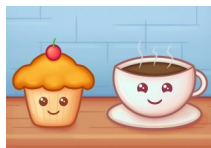


### Second Monday of the Month Coffee Morning

**When:** Monday 13 March 9:30am

**Where:** Chatterbox Coffee Shop, Sunnybank Hills Shoppingtown, 661 Compton Road, Sunnybank Hills.

All are welcome!



### PARISH COMMUNITY WEEKENDS

Come celebrate with us this weekend, 4 & 5 March at the usual Masses and share a 'cuppa' and meet new friends and old. The Welcoming Group invites you to stay for a while after Mass and get to know your fellow parishioners. See you there!



### LENT 2023 PARISH MISSION

**Our Lady of Lourdes Church, 2 March - 7 March 2023**  
*Be inspired, Be refreshed, Be renewed!*

Bruce Downes and the Catholic Guy team present an all new Parish Mission Event with 4 inspiring and life changing sessions for people of all ages that you just have to experience!

Experience the power of God in real and relevant way through scripture, music and the arts. Expect to laugh, learn, reflect and be changed by this truly powerful Catholic experience.

**Session 1, Thursday 2 March: 9.15am or 7pm**

**Session 2, Friday 3 March: 9.15am or 7pm**

**Session 3, Monday 6 March: 9.15am or 7pm**

**Session 4, Tuesday 7 March: 9.15am or 7pm**

All sessions will be in the Church, will run for approx. 1½ hours and we will share a cup of tea or coffee together afterwards.

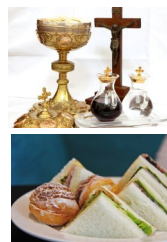
Flyers available at the entrance to the Church and more information available <https://brucedownes.org/>

### DATE CHANGE:

#### ANOINTING MASS & MORNING TEA

As the Lent Parish Mission will be on the first Friday of March, the Anointing Mass will instead be held on **Friday 10 March at 10am.** This will be followed by Morning Tea in the Avocado Room.

Hope to see you all there!



## Your Prayers Are Asked For:

*recently deceased:* **Angelo Dias, Bernardo Cas Nopre, David Whaley, Elena Gealon,** Patricia Milburn, Gwendoline Gomes, Cynthia Motrid, Anna Nguyen, Vu Thi Khuyen, Ngiuen Van Thien, Arnold Heyres, Edna Amolat Ombao



*those with anniversaries & others who have died:* **Mario Dias, Arthur Bailey, Kathleen Bailey, Therese Dutton, Kevin McErlean, Queenie Sinclair, Derek Guardian, Elpidio Yator, Maria Ave, Januaria Verdeflor, Maria Lopez, Mark Maric, Leo Marquez, Antonija Babic, Damien Drew,** Cyril Lawrence, Ruth McSweeney, Nino Abella,

*those who are unwell:* **Ros Furber, Catherine Marshall, Agnes Hyland, David Hyland, Esmeralda Berrios, Joseph Buxton,** Wynne Coghlin, Cecilia Henriquez, Francisca Alfaro



### 2023 SACRAMENTAL PROGRAM Our Lady of Lourdes Parish, Sunnybank

Parents with Children in Grade 3 (8 years and above by June 2023) are invited to enrol their children in the 2023 Sacramental Program.

If you have any questions regarding the Sacramental Program or would like to enrol your child, please email the parish office at: [pa.sunnybank@bne.catholic.net.au](mailto:pa.sunnybank@bne.catholic.net.au)

#### Sacrament of Penance (concluding the 2022 Program)

Formation Sessions: Sunday 5th, 12th & 19th, 1pm  
(held in the OLOL School Auditorium)

Sacrament of Penance: Tuesday 21st March, 5pm & Thursday 23rd March, 5pm

### ARE YOU BEING CALLED TO SOMETHING MORE?

All the baptised are called to play a role in the mission of Christ to make disciples of all nations (Matt 28:19-20). You are invited to discern if you are **being called** to engage in the instituted ministries of **Lector, Acolyte & Catechist**.



For more information, go to:

[evangelisationbrisbane.org.au/institutedministries/](http://evangelisationbrisbane.org.au/institutedministries/)

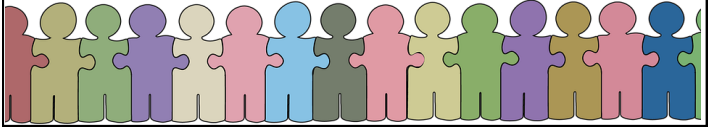
### SUNNYBANK PARISH FRIENDSHIP GROUP NEWS

Meeting: Wednesday 22 March, 2023

At this meeting entertainment will be provided by Jim Lergessner & Cliff Turpin who will sing songs from the 50's, 60's & 70's.

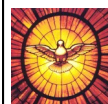
On this day payment must be made for the bus trip to Llama farm on 26 April. Cost is \$45 for members. Also, bookings can be made for the Mother's Day High Tea on 24 May. Cost is \$25 for members. Part payment can be made to secure booking.

Inquiries to Haji Kelly: 3273 1802 or 0438 734 706.



### SUNNYBANK CHARISMATIC PRAYER GROUP

The Charismatic Prayer Group will be meeting:



Saturday 5 March - Spanish Prayer Meeting  
Saturday 11 March - English Prayer Meeting  
Saturday 18 March - Spanish Prayer Meeting  
Saturday 25 March - English Prayer Meeting

Held in the Media Room, 2:30pm to 5pm.

All Welcome! Contact the parish office for more info.

### CAIRNS CATHOLIC YOUTH MINISTRY (CYM) 70TH YEAR REUNION.

The Cairns Diocese is organizing a CYM 70th Reunion on May 21 this year. The day begins with 10am Mass in St Monica's Cathedral, Cairns, with Fr Frank Gordon as the Celebrant. This is followed by Lunch at 12pm in the Selville Mercy Conference Centre.

Cost is \$50 per person. Please register your attendance at <http://bit.ly/3V9Uwml>.

For further queries call Mary Proberts on 4053 1938 or 0417 708 856.

### POSITION VACANT:

#### Maintenance Supervisor (Sunnybank Parish)

Applications are open for a **part time Maintenance Supervisor**, working 8 hours per fortnight. It will involve regular routine inspections as well as the oversight of construction, maintenance and repairs on parish facilities.



The position reports to the Parish Priest and would suit a retired/semi-retired tradesman.

A position description is available from the Parish Office, email [sec.sunnybank@bne.catholic.net.au](mailto:sec.sunnybank@bne.catholic.net.au). Applications close at 4.00pm on 17 March 2023.

### CARE FOR OUR COMMON HOME AND ITS PEOPLE

Pope Francis said in Laudato Si' – "we have forgotten we ourselves are dust of the earth; our very bodies are made up of her elements, we breathe her air and we receive life and refreshment from her waters". Earth's atmosphere formed 5 billion years ago. This atmosphere prevents the sun's dangerous rays from reaching earth. Find out why scientists at the Vatican say earth is now entering a new geological era. Australians contribute disproportionately more per capita to greenhouse gas emissions. We must reduce our greenhouse gas emissions for the sake of all life.

#### Some ideas you can help our planet this Lent:

1. Embrace Slow Fashion – buy recycle clothes, recycle your present clothes.
2. Eat less meat – think about a meatless Monday and Friday.
3. No more one use plastics this Lent.

### Archdiocese of Brisbane Safeguarding Commitment

The Archdiocese has **zero tolerance** for all forms of abuse and is committed to safeguarding everyone involved in its activities, ministries and services.

**The safety and wellbeing of children and adults-at-risk is paramount.**





**PARISH STAFF  
& CONTACTS**

**Pastoral Ministry Coordinator**  
Noel Arceo  
pa.sunnybank@bne.catholic.net.au

**Local Safeguarding Representative**  
Pam Nair  
nairs\_counselling@yahoo.com.au

**Secretary**  
Megan Carroll  
sec.sunnybank@bne.catholic.net.au

**Accounts**  
Tam Nguyen  
accounts.sunnybank@bne.catholic.net.au

**Caring Coordinator**  
Christine Smith  
care.concern.sunnybank@bne.catholic.net.au

**Unite Youth/Young Adults Coordinator**  
Zac Hare  
youth.sunnybank@bne.catholic.net.au  
0493 100 177

**Parish Music Coordinator:**  
Barbara Elliott  
elliottba@bne.catholic.net.au

**Housekeeper:**  
Louise Weston

**Paloma Reception Centre**  
3345 3766

**LOL School, Sunnybank**  
Principal - Phil Manitta  
3345 0700

**LOL OSHC**  
Co-ordinator - Sheleen Lata  
sunnybankoshc@bne.centacare.net.au  
3344 3064

**St Thomas More College,  
Sunnybank**  
Principal - Les Conroy  
3323 4600

**St Vincent de Paul**  
1800 Vinnies  
1800 846 643

**Soubirous Place**  
Sr Bridgid

**Centacare**  
Service Delivery Manager -  
Emma Rohde  
3323 2100

**UNITE**  
Youth and Young Adult Ministry



Youth mass livestream:  
Unite Sunnybank

YA Facebook group:  
Unite Young Adults



During Lent, Christians really intentionally prepare for the celebration of Easter, and we do this in 3 ways:

1. We pray and spend time with God
2. Make room for God by fasting from things that usually fill our time or our bellies
3. We reach out through almsgiving which puts out love for others in action

It doesn't matter how old you are, Lent is a time that even our youngest disciples can embrace! So, we have just a few ways that you can engage the kids in your life in prayer, fasting and almsgiving as they make a new beginning with Jesus this Lent. These ideas are included in Evangelisation Brisbane's free Lent calendar, which can be downloaded here: <https://tinyurl.com/kidsandlent>



Register at  
**JTA.link/STMC**

**St Thomas More College, Sunnybank**

**Visitors' Day**

**Wednesday**

**22 March 2023**

**3:45pm**



**St Thomas More College**  
SUNNYBANK  
*Do More. Be More.*

*Live it. Learn it. Love it.*



**CHILDREN'S LITURGY OF THE WORD**

*Let the little children come to  
Church every Sunday at 9.15am*



**FIRST SUNDAY OF LENT:  
4 & 5 March**

Tereesa is a Gamilaroi woman from Western Sydney who struggled with homelessness while raising her four children. Through the Baabayn Young Mums and Bubs Group, Tereesa was able to reconnect with her culture and create a better future for her children .



**Please donate to Project Compassion 2023.** Together, we can help vulnerable communities face their challenges today and build a better tomorrow *For All Future Generations.*

You can donate through Project Compassion donation boxes and envelopes available from your parish, by calling 1800 024 413 or by visiting [caritas.org.au/project-compassion](https://caritas.org.au/project-compassion).

