



## Our Lady of Lourdes Parish, Sunnybank

Calamvale, Kuraby, Macgregor, Parkinson, Robertson, Runcorn, Stretton, Sunnybank, Sunnybank Hills

† Our Lady of Lourdes Church, 121 Mains Road, Sunnybank

**Parish Office** (adjacent to Church, Sunnybank)

**Ph: 3345 3766**

**Office Hours** Monday - Friday, 8.30 am - 4pm

**Post:** PO Box 32, Sunnybank, QLD 4109

**Web:** www.olol.com.au

**Email:** sunnybank@bne.catholic.net.au

**Priests:** Fr Enoch Iheme (Parish Priest)

Fr Francisco Evangelista (Associate Pastor)

### Monday 5th February

St Agatha

8.15am Morning Prayer  
8.30am **Mass**

### Tuesday 6th February

St Paul Miki & Companions

8.15am Morning Prayer  
8.30am **Mass**  
9.30am Bible Study  
7.00pm Adoration

### Wednesday 7th February

8.15am Morning Prayer  
8.30am **Mass**  
9.00am Rosary

### Thursday 8th February

7.50am Christian Meditation  
8.45am Morning Prayer  
9.00am **Parish/School Mass**

### Friday 9th February

8.15am Morning Prayer  
8.30am **Mass**  
10.00am Legion of Mary

### Saturday 10th February

11.00am Reconciliation  
2.30pm Charismatic Prayer  
(Spanish)  
5.00pm Reconciliation  
6.00pm **Mass**

### Sunday 11th February

Our Lady of Lourdes  
6th Sunday in Ordinary Time

6.30am **Mass**  
8.00am **Mass**  
9.15am **Mass**  
10.30am **Mass**  
6.00pm **Mass (Youth)**



Christ Healing the Mother of Simon Peter's Wife  
by John Bridges, c. 1839.  
Birmingham Museum of Art

### Fourth Sunday in Ordinary Time - Sunday 28th January 2024

Dear Parishioners,

This Sunday's gospel speaks specifically about the healing of Simon's mother-in-law who was ill with a fever. Jesus leaves the synagogue and goes to her house **"and took her by the hand and lifted her up, and the fever left her, and she began to serve them"** (Mk 1: 31). We can reflect on three poignant aspects here:



1. Jesus goes outside the institution, the synagogue, to the house of Peter's mother-in-law where many people like her seek care. We must note **the symbolism of Jesus leaving the synagogue to go where the people are and where there is need.**

2. Jesus 'took her hand' – **the human touch is a moment of intimate human connection that brings healing as it is a profound expression of compassion** and helps one to regain their place in their families and communities. Healing is an action word because it suggests relationship where a person can resume his or her life, from whatever held them 'captive' from lack of wellness. These days particularly, wherever we look, there is disharmony in our world that needs healing. Jesus' interaction with Simon's mother-in-law, an unnamed woman, is a model of healing presence in the presence of brokenness.

3. In the last phrase of this gospel verse we read **"she began to serve them,"** is very significant for each one of us. That Simon's mother-in-law after being healed began to "serve" is an indication that she was healed holistically – physically, spiritually, and emotionally. Often when we are sick, the type of healing that we are looking for or focus our attention on is physical healing. However, spiritual, and emotional healing is vital for us to be 'whole' again. Many of us suffer from ill health and we are healed may be through the administration of medicine, may be through prayers – of oneself and others. But do we after being healed "serve" others whenever and wherever there is an opportunity?

We are also told in this Sunday's gospel that **"Jesus went off to a lonely place and prayed"**. For Jesus, **His prayer is intimately connected with his actions.** One significant aspect of Jesus' healing "all who were sick or oppressed by demons". Why did Jesus cast out demons? For, according to Jesus, demons or the power of Satan were a great hindrance to the proclamation and spread of the Kingdom of God. Among the Synoptic Gospels (Mathew, Mark, and Luke) Mark has the greatest number of references to Jesus casting out demons.

In the light of this Sunday's gospel, we pray for those who despair due to the seriousness of their sickness and healing is lengthy or life-threatening; may they **entrust themselves to the loving hands of God.** We also pray for those suffering from depression, melancholy and other allied illnesses which were once erroneously considered originating from an incursion of evil (demonic) spirits but today is better understood as mental health conditions; that they may experience healing through proper Treatment Plans and through **profound expressions of compassion.**

**May the Eucharist we receive be the source of healing of our body, mind, soul, & spirit.**

The first program of **Unite Teens** for Team 1 will begin on **Friday 9 February.** Refer to the Youth page for more details. The Parish Feast of Our Lady of Lourdes will be celebrated at all masses **next weekend on 10 & 11 February.** Bishop Tim Norton will be with us at the 10:30am mass. Do join in the weekend celebrations as we thank God for our parish community through the intercession of Our Lady of Lourdes.

**We heartily welcome back our parish priest Fr. Enoch** as he returns after a much-needed vacation. Having refreshed himself, may he continue to serve the parish of Our Lady of Lourdes, with renewed vigour and enthusiasm. I take this opportunity to thank each one of you for your warmth, friendship and hospitality shown to me during these days. It has been a privilege and honour to minister at this parish. Do keep me in your prayers as I continue to remember each one of you and your families during Holy Eucharist.

God Bless, fr. Francis Arackal, OP

**Next Sunday: 6th Sunday in Ordinary Time**

**Leviticus 13:1-2, 44-46**

**1 Corinthians 10:31-11:1**

**Mark 1:40-45**

## Fifth Sunday in Ordinary Time (Year B)

**First Reading: Job 7:1-4, 6-7** Job laments the way his life has turned, placing before God the thoughts and sadness of his heart.

**Second Reading: 1 Corinthians 9:16-19, 22-23** Paul places his entire self freely at the service of the Gospel, aligning himself with his hearers so that he may touch them as they are.

**Gospel: Mark 1:29-39** Jesus comes to village after village, synagogue after synagogue, to preach and to drive out demons.

Moore, Gerard. "Fifth Sunday in Ordinary Time - 4 February 2024." Pastoral Liturgy 54, no. 1 (2023): 1-6.

### THE BEGINNING OF LENT:

**Ash Wednesday - 14 February 2024**

#### Mass Times:

6:30am  
9am (School & Parish Mass)  
6pm

#### Extra Friday Morning Mass

During Lent, there will be an additional **Friday morning Mass at 6:30am**, starting on Friday 16 February.

#### Stations of the Cross

Stations of the Cross will be held weekly, beginning on **Friday 16 February at 6pm**.

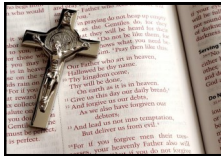


### BIBLE STUDY - FAITH FORMATION

**When:** Tuesdays, 9:30am-10.30am

**Where:** The Media Room

*'You study the Scriptures diligently... These are the very Scriptures that testify about Me, yet you refuse to come to Me to have life' John 5:39-40*



### PARISH LIBRARY

In the **MEDIA ROOM** next to the Church

**OPEN:** 7:30am - 12noon, first Sunday of every month

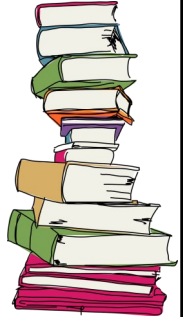
Come and look...find something of interest... borrow for 1 month!

We have well over 1000 books, and our on-line catalogue can be accessed through Our Lady of Lourdes website:

- ⇒ menu
- ⇒ contacts & links
- ⇒ forms & downloads
- ⇒ parish library listing

or via this link:

<https://www.olol.com.au/uploads/1/0/3/8/103877698/parishlibrarylisting.pdf>



### WOMEN FOR WOMEN: *Committee Member Required*

We are looking for a third committee member to help out with the planning and catering of up to 4 events a year. If you can be available for 4 Sunday afternoons a year, please contact Cathy 0402 006 417 or Linda 0417 769 502.



**Join us in Praise & Worship,  
Scriptures, Testimony, Prayers**

**Catholic Charismatic Prayer Group  
Saturday, 17 Feb 2024  
2:30 - 5 pm  
Media Room OLOL Sunnybank**

**Finding Joy in the  
Beatitudes  
(Fr. Francis Arackal, OP)**



### SAVE THE DATE:

#### OUR LADY OF LOURDES FEAST DAY

This year the feast day of Our Lady of Lourdes will be on **Sunday 11 February**.

To celebrate...

- The monthly cuppa tea weekend will be held that weekend, 10 & 11 February.
- **Bishop Tim Norton** will be joining us for the **Sunday 10:30am Mass**. This Mass will also be **live streamed on the parish facebook page**.
- The Youth will be hosting a **sausage sizzle** after the **Sunday 6pm Mass**.

Parishioners attending the **Saturday Vigil** and **Sunday morning Masses** are invited to **bring a plate to share** and stay after Mass to chat over a cuppa.

All are Welcome!





### Your Prayers Are Asked For:

recently deceased: **Jim Babon, William Huston, Bryan Lynam, Rojgerio Relvas**

those with anniversaries & others who have died: **Rodger Herden, Angelo Dias, Roberto Rabuya Junior, Gladis Pineda, Patricia Parker**

those who are unwell: **Marta Noyola, Jennifer Dickins, Veronica Loza, Emani Petelo, Silvia Quiroz, Lisbeth Rodriguez, Karen Sanchez**



### POPE'S PRAYER INTENTIONS - FEBRUARY 2024

#### For The Terminally Ill

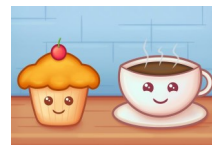
*Let us pray that the sick who are in the final stages of life, and their families, receive the necessary medical and human care and accompaniment.*



### Second Monday of the Month Coffee Morning

**When:** Monday 12 February 9:30am

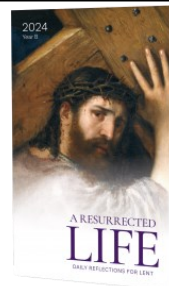
**Where:** Chatterbox Coffee Shop, Sunnybank Hills Shoppingtown, 661 Compton Road, Sunnybank Hills. All are welcome!



### LENTEN BOOK:

#### *A Resurrected Life*

*A Resurrected Life* will invite you to believe in the extraordinary hope that the Gospel bears — a hope grounded in a God who transfigures our wounds, which become fountains of healing and life for those around us and for the world.



It contains contemplations inspired by a short text of Scripture from the day's Gospel reading, followed by reflections on how to put the Word into practice, to guide you through 5–10 minutes of daily prayer during the six weeks of Lent.

Now available from the piety stall for \$6

If you would like to start receiving the parish newsletter via email, please contact the parish office at [sec.sunnybank@bne.catholic.net.au](mailto:sec.sunnybank@bne.catholic.net.au)

### 2024 SACRAMENTAL PROGRAM Our Lady of Lourdes Parish, Sunnybank



#### Sacrament of Reconciliation (concluding the 2023 Program)

For those who received their First Communion last year, the Sacramental Program will conclude with the Sacrament of Reconciliation. Emails with more information will be sent out to parents next week.

#### Parent Info Session:

Sunday 25th February, 1pm  
OLOL School Auditorium

#### Rite of Enrolment Masses: (during weekend Mass)

Saturday 2nd March, 6pm  
Sunday 3rd March, 9:15am, 10:30am & 6pm

#### Key Formation Session 1:

Sunday 10th March, 1pm  
OLOL Primary School Auditorium

#### Key Formation Session 2:

Sunday 17th March, 1pm  
OLOL Primary School Auditorium

#### Sacrament of Reconciliation:

Tuesday 19th March, 5pm  
Our Lady of Lourdes Church

If you have any questions, please email the parish office at:

[pa.sunnybank@bne.catholic.net.au](mailto:pa.sunnybank@bne.catholic.net.au)

### 2024 Sacramental Program

Children aged 8 to 10 are eligible for this year's Sacramental Program, which begins with Confirmation. Registration opens after Easter, and the Parent Information Session will be on Sunday 19 May.



### SAINT VALENTINE'S DAY DANCE

In honour of Saint Valentine's feast day and his uncompromising teachings on love, please join us for an old-fashioned social dance to raise funds for the pro-life charity Pregnancy Crisis Incorporated.

To remember the little ones, please come dressed in pink or blue. The suggested dress level for men is a collared shirt & tie, and for ladies Sunday best/cocktail.

**When:** Friday 9 February, 6:30pm - 11pm

**Where:** Mary Immaculate Catholic Church Hall, 616 Ipswich Road, Annerley

**Cost:** \$35 ticket (includes glass of wine on arrival)  
\$20 ticket (for ages 10 - 17)

Complementary ticket (for ages 0 - 9)

**Tickets:** <https://www.trybooking.com/COEVT>

### DISCERE:

#### *A Vocational Discernment Retreat*

**When:** Saturday 10 February, 9am - 3pm

**Where:** Marian Valley

**Cost:** Free!



Discere is a free, one-day retreat for young single Catholic men and women (18-35 years) to intentionally pause and ask the questions "where is God calling me?" in a peaceful, supportive and safe environment. Scan the QR code to register for this event!

### Archdiocese of Brisbane Safeguarding Commitment

The Archdiocese has **zero tolerance** for all forms of abuse and is committed to safeguarding everyone involved in its activities, ministries and services.

***The safety and wellbeing of children and adults-at-risk is paramount.***





**PARISH STAFF  
& CONTACTS**

**Pastoral Ministry Coordinator**  
Noel Arceo  
pa.sunnybank@bne.catholic.net.au

**Local Safeguarding Representative**  
Fiona Eastgate  
lsr.sunnybank@bne.catholic.net.au

**Secretary**  
Megan Carroll  
sec.sunnybank@bne.catholic.net.au

**Accounts**  
Tam Nguyen  
accounts.sunnybank@bne.catholic.net.au

**Caring Ministry**  
care.concern.sunnybank@bne.catholic.net.au

**Unite Youth/Young Adults Coordinators**  
Abbey O'Toole & Gabby Alamo  
youth.sunnybank@bne.catholic.net.au  
0493 100 177

**Parish Music Coordinator:**  
Barbara Elliott  
elliottba@bne.catholic.net.au

**Housekeeper:**  
Louise Weston

**Paloma Reception Centre**  
3345 3766

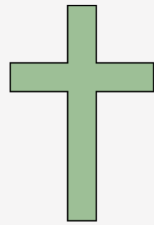
**OLOL School, Sunnybank**  
Principal - Phil Manitta  
3345 0700

**OLOL OSHC**  
Co-ordinator - Sheleen Lata  
sunnybankoshc@bne.centacare.net.au  
3344 3064

**St Thomas More College,  
Sunnybank**  
Principal - Les Conroy  
3323 4600

**St Vincent de Paul**  
1800 Vinnies  
1800 846 644

**Centacare**  
Service Delivery Manager -  
Emma Rohde  
3323 2100



# Community



"Where two or three are gathered in my  
name, I am there among them"  
Matthew 18:20

## Dates

9 February

23 February

8 March

22 March

TERM 1 2024

# UNITE TEENS

FUN, FAITH, FRIENDS



Unite Youth- Sunnybank  
@uniteyouth.sunnybank



7pm -9pm



Avocado Room, OLOL Parish Church

## Young Adults Events

### FEBRUARY

Reclaim Tuesday 6th (Run by EB)

Welcome Party Sunday 18th

Young Adults Night Sunday 25th

### TIMES

7-9pm

After Mass

After Mass

COME HANG OUT AND GROW WITH  
OTHER YOUNG ADULTS

Avocado Room  
@uniteyouth.sunnybank  
youth.sunnybank@bne.catholic.net.au

UNITE ADULT

SUNNYBANK

## reclaim.

On the first Tuesday of every month, meet new  
friends and connect with old ones, hear engaging  
forms of input covering a variety of topics, and  
have some time in prayer.

Reclaim is an event for all Catholic young adults  
in Brisbane seeking to reclaim their faith

Source: Evangelisation Brisbane