



## Our Lady of Lourdes Parish, Sunnybank

Calamvale, Kuraby, Macgregor, Parkinson, Robertson, Runcorn, Stretton, Sunnybank, Sunnybank Hills

† Our Lady of Lourdes Church, 121 Mains Road, Sunnybank

Parish Office (adjacent to Church, Sunnybank)

Ph: 3345 3766

Office Hours Monday - Friday, 8.30 am - 4pm

Post: PO Box 32, Sunnybank, QLD 4109

Web: [www.olol.com.au](http://www.olol.com.au)

Email: [sunnybank@bne.catholic.net.au](mailto:sunnybank@bne.catholic.net.au)

Priests: Fr Enoch Iheme (Parish Priest)

Fr Francisco Evangelista (Associate Pastor)

### Monday 12th February

8.15am Morning Prayer  
8.30am Mass

### Tuesday 13th February

8.15am Morning Prayer  
8.30am Mass  
9.30am Bible Study  
7.00pm Adoration

### Wednesday 14th February

Ash Wednesday

6.30am Mass  
8.45am Morning Prayer  
9.00am Mass  
6.00pm Mass

### Thursday 15th February

7.50am Christian Meditation  
8.45am Morning Prayer  
9.00am Mass

### Friday 16th February

6.30am Mass  
8.15am Morning Prayer  
8.30am Mass  
10.00am Legion of Mary  
6.00pm Stations of the Cross

### Saturday 17th February

10.30am Marian Way of the Cross  
11.00am Reconciliation  
2.30pm Charismatic Prayer (English)  
5.00pm Reconciliation  
6.00pm Mass

### Sunday 18th February

First Sunday of Lent

6.30am Mass  
8.00am Mass  
9.15am Mass  
10.30am Mass  
12.00pm Baptisms  
6.00pm Mass (Youth)



Our Lady of Lourdes and Bernadette Soubirous by Virgilio Tojetti, c. 1877. Private Collection

### Our Lady of Lourdes Feast Day - Sunday 11th February 2024

Dear Parishioners,

**I am delighted to be back to our community and thank you for giving me the opportunity for a wonderful holiday.** One thing that I so much

appreciated during my holiday is the biblical meaning of Genesis 2:2 "God rested on the 7th day". The Scripture presents a great good news in the Creation story when the Omnipotent Creator had time to rest. The time of rest is the crown of God's Creation and this has myriad of meanings in all spheres of our spiritual, religious, social, and material life. Although I have a lot of dreams and imaginations for you and our community this year, **I would like to wish you an enriched experience of rest even in the midst of your daily work.**



This weekend is very special for us as we celebrate the feast of Our Lady of Lourdes. **We joyfully welcome Bishop Tim Norton SVD** who will be joining us this weekend to celebrate our parish feast day. **The feast of Our Lady of Lourdes reminds us of Mary the mother of Jesus and the patron of our parish.** Whenever we celebrate our parish feast day, we acknowledge the history of God's grace working through our Priests and Parishioners in the past, present and future of the Sunnybank Parish. It is a celebration of the Catholic Faith planted here as a mustard seed in 1955 and still being nurtured in 2024. **Happy feast day to all of us and please stay back after each of this weekend Masses for a celebrative Cuppa tea and to say hello to some new parishioners.**

Each year, this feast somehow sets the tone for our parish life. On Thursday 8th February, our primary school officially started the 2024 School Year with a beautiful Opening School Mass dedicated to Our Lady of Lourdes. **At Lourdes, the Blessed Virgin Mary instructed Bernadette Soubirous to "dig in the ground nearby, from which came a spring with healing properties."** For us here in the Sunnybank community today, if we dare to dig around us, what will we find? Do we even have the faith to try? St Bernadette trusted the message of Our Lady and generations of pilgrims found solace in the spring she dug. **May we be inspired to dig around our community to create oasis of peace, joy and healing for the world around us.** Ours is to put our faith into action even in face of fear and uncertainty.

Things come around so quickly and time they say waits for nobody. Just a few weeks after Christmas, Lent begins on **Ash Wednesday, 14th February 2024.** The Church life will assume a Lenten disposition and we are called to join. During this season, the Church retreats and we are supposed to participate in this retreat. This year, **Fr Francis Arackal OP will be leading our Parish Mission Retreat** from the weekend of 17th and 18th February to Wednesday 21st February. **I would like to invite you, your family and friends to pray and participate especially in the retreat sessions in the mornings or evenings of 19th, 20th and 21st February.**

On a pastoral and liturgical note, **Lent is a season of Prayer, Self-denial and Charity.** These religious acts help both the individual and the whole church to prepare for Easter. **I encourage you to take a personal advantage of some of our common prayer opportunities** like; Daily Masses, Tuesday Evening Adoration, Wednesday Rosary after Mass, Thursday Christian Meditation before Mass, Friday Eucharistic Adoration and Benediction after Mass, and Stations of the Cross. **The Caritas Australia's Project: Compassion is a veritable means of doing charity during Lent.** Envelopes and boxes will be available for your alms giving and donations.

**For those interested in joining Fr Dan Ryan's pilgrimage to France, note that bookings are closing at the end of February.** If you would like more information please contact Harvest Journeys [harvestjourneys.com](http://harvestjourneys.com) or phone 1800 819 156.

Once again happy feast day and God bless you, Fr Enoch Iheme

Next Sunday: First Sunday of Lent

Genesis 9:8-15

1 Peter 3:18-22

Mark 1:12-15

## Sixth Sunday in Ordinary Time (Year B)

**First Reading: Leviticus 13:1–2, 44–46** The Lord empowers the leaders to preserve the health and wellbeing of the community in place of incurable suffering.

**Second Reading: 1 Corinthians 10:31–11:1** There can be no clearer mandate in Paul than to imitate Christ.

**Gospel: Mark 1:40–45** The compassion of Jesus goes beyond the strictures of the law, bringing restoration to the outcasts.

Moore, Gerard. "Sixth Sunday in Ordinary Time - 11 February 2024." Pastoral Liturgy 54, no. 1 (2023): 1-5.

### PLEASE RETURN YOUR PALM CROSSES

The Ashes used on Ash Wednesday are created by burning the palms from the previous year's Palm Sunday celebration. **A reminder to parishioners to bring last year's palm crosses to the church before Ash Wednesday!**



### Ash Wednesday - 14 February 2024

#### Mass Times:

6:30am  
9am (School & Parish Mass)  
6pm

#### Extra Friday Morning Mass

During Lent, there will be an additional **Friday morning Mass at 6:30am**, starting on Friday 16 February.

#### Stations of the Cross

Stations of the Cross will be held weekly, beginning on **Friday 16 February at 6pm**.

### CHARISMATIC PRAYER GROUP

Join us in

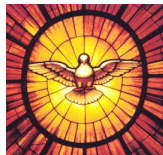
**Praise & Worship, Scriptures, Testimony, Prayers**

**Date:** Saturday, 17 February

**Time:** 2:30pm - 5pm

**Where:** Avocado Room

**Topic:** Finding Joy in the Beatitudes  
(fr Francis Arackal, OP)



LENT  
2024 WITH...



**THE CATHOLIC GUY**  
**BRUCE DOWNES**

Lent is a time when we can grow closer to God and prepare our hearts for the true meaning of Easter. Be inspired. Be refreshed. Be renewed!

For 40 days you will receive a short, practical and inspiring video in your inbox every morning to help you make this Lenten journey more powerful and prayerful. This program is FREE and you can sign up here:

<https://BruceDownes.org/Lent>

### PARISH MISSION RETREAT: *Three Pillars of Lent*

Join us in Lent for the Parish Mission Retreat, led by fr. Francis Arackal, OP. Over 3 days, we will be looking at the *Three Pillars of Lent*, as pillars of faith, hope and love.

**Date:** 19, 20 & 21 February

**Time:** After morning Mass and again at 6pm

**Where:** Our Lady of Lourdes Church

All are welcome!



**Three Pillars of Lent**

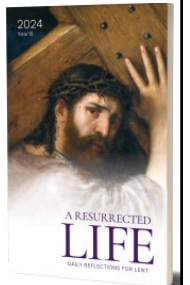
### LENTEN BOOK:

#### *A Resurrected Life*

*A Resurrected Life* will invite you to believe in the extraordinary hope that the Gospel bears — a hope grounded in a God who transfigures our wounds, to become fountains of healing and life for those around us and for the world.

It contains contemplations inspired by a short text of Scripture from the day's Gospel reading, followed by reflections on how to put the Word into practice, to guide you through 5–10 minutes of daily prayer during the six weeks of Lent.

Now available from the piety stall for \$6.



### CARITAS AUSTRALIA: PROJECT COMPASSION

Please take home a Project Compassion box or a set of donation envelopes to support Caritas Australia this Lenten season and help support vulnerable people around the world, now and for all future generations. With your support, Caritas Australia has been able to support vulnerable communities around the world to tackle poverty, food security, education, water and sanitation and disaster risk reduction to build a better future for all.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow for all future generations.

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting [caritas.org.au/project-compassion](https://caritas.org.au/project-compassion) or by calling 1800 024 413.

**PROJECT  
COMPASSION**  
FOR ALL FUTURE GENERATIONS





### Your Prayers Are Asked For:

recently deceased: **Jose Fuentes**, Gary William Huston, Jim Babon, Bryan Lynam

those with anniversaries & others who have died: **Bernard Elford, Faustinus Benny Tany, Margaret Lim Po Tching, Maria Antonia Barrientos, Romeo Perilli, Tuioti Maleta Fu'a Baice**, Rodger Herden, Angelo Dias, Roberto Rabuya Junior, Gladis Pineda

those who are unwell: **Maria Turner, Denise Burgess, Maureen Combey, Guy Bouchet, Ros Furber, Paty Romero, Alejandra Moran, Cynthia Hayden, Salvador Rodriguez**, Marta Noyola, Jennifer Dickins, Veronica Loza

### FUNERAL NOTICE:

**Gary William Huston**

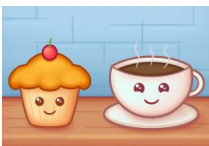
Relatives and friends of Gary Huston are respectfully invited to attend her funeral service at **Our Lady of Lourdes Church, Friday 16 February at 11am.**

If you can't make it in person, the link to the live stream is:  
<https://youtube.com/live/ysDKhAHW2oQ?feature=share>

### Second Monday of the Month Coffee Morning

**When:** Monday 12 February 9:30am

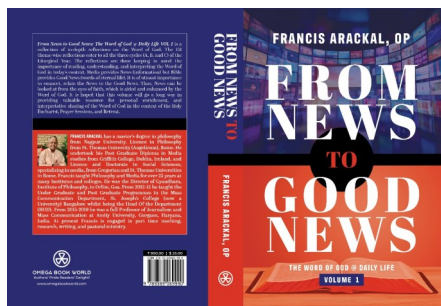
**Where:** Chatterbox Coffee Shop,  
Sunnybank Hills Shoppingtown,  
661 Compton Road, Sunnybank Hills.  
All are welcome!



### FROM NEWS TO GOOD NEWS by fr Francis Arackal, OP

After a successful book launch last weekend, fr Francis' new book **From News To Good News** is now available for purchase from the piety stall and the parish office for \$30.

All proceeds go towards supporting the Dominican Order.



### AGEING WISELY: FREE SEMINAR

The Archdiocese of Brisbane's free Ageing Wisely seminar provides advice and information on a range of pertinent matters, as a service to older parishioners.

The seminar will feature professional guest speakers and will provide information on estate planning and legal advice, retirement planning and financial advice, charitable gifts in wills and perpetual endowments, funeral planning and in-home support services.

**Date:** Tuesday 12 March

**Time:** 9:30am - 1:30pm

**Venue:** Our Lady of Lourdes,  
121 Mains Rd, Sunnybank

**RSVP:** To [sec.sunnybank@bne.catholic.net.au](mailto:sec.sunnybank@bne.catholic.net.au)  
by Thursday 7 March

Morning tea and lunch will be provided free of charge.



### 2024 SACRAMENTAL PROGRAM Our Lady of Lourdes Parish, Sunnybank

**Sacrament of Reconciliation  
(concluding the 2023 Program)**

For those who received their First Communion last year, the Sacramental Program will conclude with the Sacrament of Reconciliation.

**Parent Info Session:**

Sunday 25th February, 1pm  
OLOL School Auditorium

If you have any questions, please email the parish office at: [pa.sunnybank@bne.catholic.net.au](mailto:pa.sunnybank@bne.catholic.net.au)

### 2024 Sacramental Program

Children aged 8 to 10 are eligible for this year's Sacramental Program, which begins with Confirmation. Registration opens after Easter, and the Parent Information Session will be on Sunday 19 May.



### Prayer to Our Lady of Lourdes

*Ever Immaculate Virgin Mother of Mercy,  
Health of the Sick, Refuge of Sinners, Comfortess of the Afflicted, you know my wants, my troubles, my sufferings.*

*Look upon me with mercy.  
When you appeared in the grotto of Lourdes,  
you made it a privileged sanctuary  
where you dispense your favours,  
and where many sufferers have obtained the cure  
of their infirmities, both spiritual and corporal.  
I come, therefore, with unbounded confidence  
to implore your maternal intercession.*

*My loving Mother, obtain my request.  
I will try to imitate your virtues so that I may one day share  
your company and bless you in eternity.*

*Amen*



### Archdiocese of Brisbane Safeguarding Commitment

The Archdiocese has **zero tolerance** for all forms of abuse and is committed to safeguarding everyone involved in its activities, ministries and services.

***The safety and wellbeing of children and adults-at-risk is paramount.***





**PARISH STAFF  
& CONTACTS**

**Pastoral Ministry Coordinator**  
Noel Arceo  
pa.sunnybank@bne.catholic.net.au

**Local Safeguarding Representative**  
Fiona Eastgate  
lsr.sunnybank@bne.catholic.net.au

**Secretary**  
Megan Carroll  
sec.sunnybank@bne.catholic.net.au

**Accounts**  
Tam Nguyen  
accounts.sunnybank@bne.catholic.net.au

**Caring Ministry**  
care.concern.sunnybank@bne.catholic.net.au

**Unite Youth/Young Adults Coordinators**  
Abbey O'Toole & Gabby Alamo  
youth.sunnybank@bne.catholic.net.au  
0493 100 177

**Parish Music Coordinator:**  
Barbara Elliott  
elliottba@bne.catholic.net.au

**Housekeeper:**  
Louise Weston

**Paloma Reception Centre**  
3345 3766

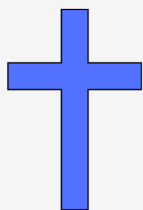
**LOLO School, Sunnybank**  
Principal - Phil Manitta  
3345 0700

**LOLO OSHC**  
Co-ordinator - Sheleen Lata  
sunnybankoshc@bne.centacare.net.au  
3344 3064

**St Thomas More College,  
Sunnybank**  
Principal - Les Conroy  
3323 4600

**St Vincent de Paul**  
1800 Vinnies  
1800 846 644

**Centacare**  
Service Delivery Manager -  
Emma Rohde  
3323 2100



# Community



"Where two or three are gathered in my  
name, I am there among them"  
Matthew 18:20

## Dates

9 February

23 February

8 March

22 March

TERM 1 2024

# UNITE TEENS

FUN, FAITH, FRIENDS



Unite Youth- Sunnybank  
@uniteyouth.sunnybank



7pm -9pm



Avocado Room, OLOL Parish Church

## Young Adults Events

### FEBRUARY

Reclaim Tuesday 6th (Run by EB)

Welcome Party Sunday 18th

Young Adults Night Sunday 25th

### TIMES

7-9pm

After Mass

After Mass

COME HANG OUT AND GROW WITH  
OTHER YOUNG ADULTS

Avocado Room  
@uniteyouth.sunnybank  
youth.sunnybank@bne.catholic.net.au

UNITE ADULT

SUNNYBANK



During Lent, Christians intentionally prepare for the celebration of Easter, and we do this in three ways: We pray and spend time with God; We make room for God by fasting from things that usually fill our time or our bellies; We reach out through almsgiving which puts our love for others into action.

It doesn't matter how old you are — Lent is a time that even our youngest disciples can embrace! So, Evangelisation Brisbane has created a few ways that can help engage kids (and their parents!) in prayer, fasting and almsgiving as they journey with Jesus this Lent.

Check it out here: <https://evangelisationbrisbane.org.au/childrenandfamilies/>